-Thursday, 2/19
Speaker: Brian Cuban
Author of Shattered Image
7:00pm Sun Room, Memorial Union

-Saturday, 2/21 (OFF CAMPUS)
EDCI Awareness Day
9:30am-3:45pm
DMACC Southridge Center
1111 E. Army Post Road,
Des Moines, IA 50315
For more info: www.edciowa.org

-Tuesday, 2/24
“Stay Strong: Demi Lovato” Documentary
7:00pm Carver 101

-Wednesday, 2/25
Rock Your Body!
Wellness Resource Fair
Free samples, group fitness, and other body positive activities!
2:00pm-5:00pm State Gym

-Thursday, 2/26
The Athletic Image
Speaker: Alison St. Germain, Registered Dietitian
7:00pm Hixson-Lied SSC 0060

-Friday, 2/27
Mindful Eating Activity
11:00am-1:00pm HNSB 2021